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	3 January 2012	Starting out in Business
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	4 April 2012	Refunds for unsatisfactory marketing
	4 April 2012	Food, Glorious Food
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	5 July 2012	What the Dickens!
	5 July 2012	Procrastination
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5 July 2012	Copywriting
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5 July 2012	Dilution of Thoughts
5 July 2012	Plastic Brains and Learning Styles
5 July 2012	Printing off!
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6 October 2012	Making portfolios work for you
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11 January 2014	The Listening Therapy
11 January 2014	Book review - Brain Rules for Baby by John Medina
11 January 2014	The Hypnotherapist that Lost her Smile ...
11 January 2014	Freestyle 'On The Fly' Scripting
11 January 2014	Book review - Therapy with Tough Clients by George Ga

11 January 2014	Book review - How to Earn Six Figures in Hypnotherapy
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12 April 2014	Safeguarding
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12 April 2014	If You're Happy and You Know It ...
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12 April 2014	What is Happiness?
12 April 2014	Smoking Cessation
12 April 2014	Could Your Thoughts be 'Taxing' You?
12 April 2014	Orthorexia Nervosa
12 April 2014	An Interview with Kim Dyke
12 April 2014	Meet the New Team
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13 July 2014	Members Ask: Do We Really Need a Disclosure and Barr
13 July 2014	Letter from the Editor
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13 July 2014	Women Look For Solutions but Men Want to be the Sol
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14 October 2014	A Novel Approach
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14 October 2014	Using Hypnosis for the Therapy Room
14 October 2014	Warminster Writers' Circle Assists Local Clinical Hypnoti
14 October 2014	Getting the Media Right
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15 January 2015	Kintsugi
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15 January 2015	What's Wrong With Hypnotherapy?
15 January 2015	What's Been Good
15 January 2015	Facebook - for Better or Worse
15 January 2015	Book review - Gut Feelings by Gerd Gigerenzer
15 January 2015	An Interview with Beau Honey
15 January 2015	The Woman who was Dressed in Black
16 Summer 2015	A Message from the CEO, David Mclean
16 Summer 2015	Bienvenue
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16 Summer 2015	Burn off that Easter chocolate with exercise for better h
16 Summer 2015	AfSFH Interviews Stephanie Betschart
16 Summer 2015	Are You Charging What You Are Worth?
16 Summer 2015	Anticipatory Nausea and Vomiting in Hospitals
16 Summer 2015	My First Year in Practice and how to Survive Yours!
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21 Winter 2016	The editor writes ...
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21 Winter 2016	Lead by Example
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21 Winter 2016	Book review - 1001 SF Questions by Fredrike Bannick
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21 Winter 2016	Book review - Working with Children and Teenagers Usi
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21 Winter 2016	Book review - The Wisdom of Milton H Erickson by Ron
22 Summer 2017	The editor writes ...
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22 Summer 2017	Preparing your Business Marketing Strategy is like Prepa
22 Summer 2017	The Importance of Building and Maintaining the Profess
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22 Summer 2017	Book review - Effective Metaphors for Hypnotherapy by
22 Summer 2017	Book review - The Five Side-Effects of Kindness by Davic
23 Autumn 2017	Message from the editor
23 Autumn 2017	Getting to know the AfSFH Head of Finance, Sacha Taylc
23 Autumn 2017	Spotlight on ... Technology Addiction
23 Autumn 2017	Eating Disorders and Relationships
23 Autumn 2017	Brainbox - Discovering the Amygdalae
23 Autumn 2017	The Power of Pets
23 Autumn 2017	Biography of Hypnotherapy Today editor, Helen Green
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24 Spring 2018	A message from the editor
24 Spring 2018	Leading by example
24 Spring 2018	My Journey into SFH
24 Spring 2018	Interview with David Newton, founder of CPHT and AfSI
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24 Spring 2018	Brainbox - Evaluating SFH for Clients with Anxiety
24 Spring 2018	SFH: Juggling and Spinning Plates
24 Spring 2018	Embracing Change with CORP
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30 Spring 2020	Super supporter - Julie May
30 Spring 2020	Making Calmness Contageous
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30 Spring 2020	Solution Focused Hypnotherapists in Isolation
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The effects of alcohol

Ewan Cameron
Rachael Salmon

Validating our clients' experiences while staying solution
Our new Head of Finance, Sarah Coward

Sally Hare
Karen Dunnet
Nicola Taylor
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A metaphor

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